



Ajuntament de Lleida

RECOMMENDATIONS FROM AJUNTAMENT DE LLEIDA ABOUT HEALTH

SUPPORT PHONE NUMBERS:

- Remember that 112 is only for emergencies.
- You can call at 061 for coronavirus or health urgencies.
- If you have some health issue, call your health center (CAP) from 8.00am to 20.00pm (Monday to Friday) and your doctor or nurse will tell you what to do.
- If you can't contact with your CAP, you can call the emergencies health center, CUAP, Prat de la Riba, to the phone numbers 973 221 516 or 973 233 385, from 5.00 pm to 08.00 am, Monday to Friday, and 24 hours a day at the weekend and holidays.
- **It is very important to contact by phone and wait for the health professionals' instructions, before going to the health center.**

WORK LEAVE AND PRESCRIPTIONS:

- Remember that you can process work leaves and/or prescriptions by phone, calling your CAP or CUAP of Prat de la Riba.
- You can pick up your prescriptions at the pharmacy directly. It is not required to go to the CAP.

THERMOMETER:

- It is very important to have a digital thermometer at home, in order to measure the corporal temperature. (you can get it in pharmacies or in some supermarkets). Your doctor may ask you if you have fever and she or he will need to know your body temperature. (tèmplichè)

MEDICAL TESTS AND SCHEDULED VISITS:

- You are likely to receive a call from your health center to remind you that NON-URGENT visits or medical consultations are postponed.

**¡REMEMBER THAT WE MUST AVOID AS MUCH AS POSSIBLE DISPLACEMENTS!
¡EVERYONE HAS TO BE AT HOME!**